# Changing the Conversation: The National Treatment Plan Initiative to Improve Substance Abuse Treatment

Implementing the NTP

Visconsin Bureau of Substance Abuse Service

Teleconference Series

January 23, 2003

#### What is the National Treatment Plan?

- An effort to:
  - build on recent advances in the field,
  - bring together best ideas on improving treatment,
  - identify actions to translate knowledge into practice.
- An opportunity for the field to reach consensus on priorities

#### What is the National Treatment Plan?

- A locus for collaboration between and among
  - Federal agencies
  - Federal government, States, counties, cities
  - Consumers, providers, researchers
- A touchstone/framework for substance abuse treatment initiatives

# The NTP Initiative - The Six Stages of Development

- 1. Establish a steering group
- 2. Form expert panels
- 3. Hold public hearings
- 4. Develop the National Treatment Plan
- 5. Define a Vision for the NTP
- 6. Support ownership and implementation

# Stage 1 - Establish a Steering Group

- Shirley Coletti, D.H.L.
   President, Operation PAR, Inc., Pinellas Park, FL
- Lewis Gallant, Ph.D.
   Executive Director, NASADAD, Inc.
- John Gregrich
   Chief, Treatment Research Branch, Office of Demand Reduction, Executive Office of the President, ONDCP
- Melody Heaps, M.A.
  President, TASC-IL, Chicago, IL
- Linda Kaplan, M.A., CAE
   Former Executive Director, NAADAC
- Paul N. Samuels, Esq.
   Director and President, Legal Action Center

# Stage 2 - Form Expert Panels

- Domain I: Closing the Treatment Gap
- Domain II: Reducing Stigma and Changing
   Attitudes
- Domain III: Improving and Strengthening Treatment Systems
- Domain IV: Connecting Services and Research
- Domain V: Addressing Workforce Issues

# Stage 3 - Hold Public Hearings

- Get public input and feedback
  - Arlington, VA (June 30, 1999)
  - Hartford, CT (July 8, 1999)
  - Chicago, IL (September 16, 1999)
  - Washington, DC (October 18, 1999)
  - Portland, OR (October 26, 1999)
  - Tampa, FL (November 8, 1999)
- Over 425 public witnesses and 160 written statements

Stage 4 - Develop *The National Treatment Plan*From Domains to Guidelines

8 Improving & Reducing Connecting **Strengthening Services** Stigma & **Treatment** Changing and **Systems Attitudes** Research Closing **Addressing** the Workforce **Treatment** Issues Gap **Invest for Results** "No Wrong Door" to Treatment **Commit to Quality Change Attitudes Build Partnerships** 

#### **Invest for Results**

- Closing serious gaps in treatment capacity
- Establishing parity for behavioral health care services
- Developing reimbursement mechanisms that connect performance and outcomes

#### "No Wrong Door" to Treatment

Having a nationwide expectation that wherever individuals appear in human services, health or justice systems, their drug/alcohol problem will be appropriately identified, assessed, referred and treated

#### **Commit to Quality**

- Using evidence based practices
- Having a process to derive and enforce standards
- Maintaining a capable workforce

#### **Change Attitudes**

- Involving the recovery community in the process
- Performing systematic research to identify false ideas
- Establishing educational initiatives to promote knowledge and restore dignity to those in recovery

#### **Build Partnerships**

 Developing effective and routine collaborations between and among individuals and organizations throughout the substance abuse treatment field and the broader community

#### Stage 5 – Define A Vision for the NTP

"We envision a society where people who are addicted to alcohol or other drugs, people in recovery from addiction, and people at-risk for addiction are valued and treated with dignity; and where stigma, accompanying attitudes, discrimination and other barriers to recovery are eliminated. We envision a society where addiction is recognized as a public health issue—a treatable disease for which individuals should seek and receive treatment—and where treatment is recognized as a specialized field of expertise."

#### **CSAT MISSION**

Improving the Health of the Nation
By Bringing Effective Alcohol and Drug
Treatment to Every Community



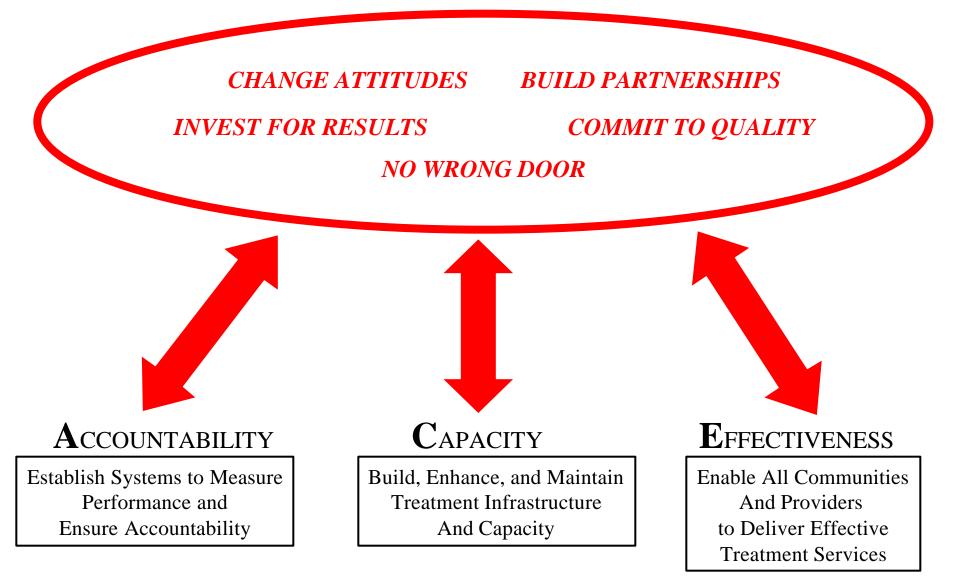
#### **NTP Vision**

A society in which people with a history of alcohol or drug problems, people in recovery, and people at risk for these problems are valued and treated with dignity and where stigma, accompanying attitudes, discrimination, and other barriers to recovery are eliminated.

A society in which substance abuse and dependence is recognized as a public health issue, a treatable illness for which individuals deserve treatment.

A society in which high-quality services for alcohol and drug problems are widely available and where treatment is recognized as a specialized field of expertise.

### Stage 6 – Ownership and Implementation 16



# The Expectations of the Field

That SAMHSA/CSAT will:

- Steward the NTP process from development through implementation
- Foster collaborative partnerships between and among the various stakeholders within the treatment, prevention and mental health fields, Federal agencies and other associated interested parties

#### CSAT Programs Implement the NTP

#### **Invest for Results**

Performance Partnership Grants
Targeted Capacity Expansion Grants

# No Wrong Door to Treatment Co-occurring Infrastructure Grants Treatment for Homeless Grants Screening/Brief Intervention in Health Care Settings

#### CSAT Programs Implement the NTP

#### **Commit to Quality**

Practice Improvement Collaboratives
Addiction Technology Transfer Centers
Knowledge Application Program

#### Change Attitudes

Recovery Community Services Program

National Alcohol and Drug Addiction Recovery Month

CSAT Public Service Announcements

Other CSAT NTP Implementation
 Activities

Criminal Justice
Treatment Workforce
Leadership Development
Stigma and Discrimination
Science to Services
Partnership Building

**Build Partnerships** 

ONDCP sponsors NTP Federal Agencies Briefing;

SAMHSA, NIDA and NIAAA engage in joint NTP science to services dialogue;

NASADAD develops National Treatment Network;

#### **Build Partnerships**

Nine State Agencies and corresponding Provider Associations convene NTP conferences (CA, FL, IA, IL, NC, NY, TX, WI, UT);

NTP Presentations are made at more than 50 State, Provider Association and National Organization Conferences;

Seven States adopt the NTP as their Strategic Plan (AZ, DE, IL, NC, NM, TX, WI);

#### **Build Partnerships**

Join Together sponsors stigma discussion groups and partners on NTP website enhancements;

Community Anti-Drug Coalitions of America (CADCA) developing NTP "How to" Guide.

# **SAMHSA's Expectations**

- That the Field will:
  - Take Ownership at the State Level: Be willing to adopt the NTP as a blueprint for delivery of treatment services
  - Take Ownership at the Community Level:
     Be willing to adopt the NTP guidelines for how they deal with treatment and recovery
  - <u>Build Partnerships</u>: Maximize available resources, incorporate best practices and unite the substance abuse treatment field

# **NTP Ownership**

- Make the NTP the State's Strategy
- Make partnership building a priority
- Develop work groups to further common issues
- Engage the Recovery Community

# **NTP Ownership**

- Sponsor town hall meetings with public officials, civic leaders, school officials, law enforcement officials
- Make the 5 NTP Guidelines yours
- Share the NTP on websites and in newsletters
- Acknowledge and share the success stories

#### The NTP Unites the Treatment Field



# **To Improve Treatment**

# **YOU Can Improve Treatment**

Use the National Treatment Plan!

If you don't know how, ask!